



# Making a Difference for You Newsletter

Spring 2009

Issue #12

## Our Spring Newsletter

Our Spring newsletter is here! We want to share with everyone information about the services we provide, our upcoming events, new products and services.



## About Us

Making a Difference for You, Inc. is a privately owned mental health, homeopathic and spiritual counseling center providing services for all ages and ethnic backgrounds. Our practitioners and counselors have over 45 years of experience in psychiatry, psychology, naturopathy, inter-faith counseling and education.

Our website is up and running at [www.mad4upeace.com](http://www.mad4upeace.com). We are moving forward with new server capabilities and new services all available over the WEB! Feedback is always welcome.

## Classes & Events

**We ran a wonderful womens' issues group with the assistance of Dr. Mera. It lasted for about 8 weeks. We are looking to start more spirituality based groups over the summer, so keep a look out.**



## Available Products

**BACH Flower Essences are available in several new prepackaged products. Please consult over office staff for more information.**

## Bach Flower Essences Products Corner

Rescue Remedy Pastilles  
Bach Kids Confidence Remedy  
Bach Emotional Eating Support Kit  
Bach Kids Rescue Remedy  
Natural Stress Relief for Pets  
Rescue Remedy tincture  
Rescue Cream  
Rescue Remedy spray  
38 Flower Essences

## Blessed Intention Candles

Each candle has been blessed and has a special intention printed on it. You may choose from:

Abundance, Divine Connection, Love, Emotional Empowerment, Forgiveness, House Blessing, Self Love, Healing and Creativity. Special intention candles are also available.

## Home and Spiritual Cleansing and Blessing Products

Sage  
Rose Oil  
Nag Champa incense  
Mother Mary Cleansing Bath kit  
Affirmation cards (special order)  
Meditation tapes (special order)  
Holy Water (special order)  
House Clearing and Blessing Kit (special order)  
Archangel Tinctures (special order)



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## Spiritual Enlightenment Corner

### **WE Are One**

Many times I am asked about the intentions of other people and how “they” could do the things that they do. We also find ourselves getting angry, jealous, afraid of our neighbor, our neighborhood, the cashier at the grocery store. What we fail to keep in mind is that we are all ONE. We contribute to the heavens and the earth by the energy that we send to each other.

When I am asked about the significance of the how we can all be “ONE”, the image that I get is that of a RAINBOW. For what is a rainbow but a source of energy that encompasses all of the primary colors. The red flows into the orange, into the yellow etc. This applies to us as well. The energy sources within each of us flow much in the same way. We mix, we are all unique, we are all different, but we all come from the same SOURCE.

So the next time you find yourself getting angry, judgmental, egotistical, afraid, worried, REMEMBER those thoughts, actions, and emotions are sent out to the heavens (universe) and earth as energy that ultimately affects them as well as you! For all of us start and end as part of this same source and are bound by it. WE are part of it and affected by it as well. So send love, and kindness and blessings instead and you will be blessed in kind.

Be well, Be safe, and STAY CONNECTED!  
One day at a time, my friends....one day, one hour,  
One minute at a time.

Namaste,  
Rev. Dr. Margret Rose C. Dell’Osso

