



# Making a Difference for You Newsletter

Spring 2006

Issue #3

## Our Spring Newsletter

We are proud to present our Spring Newsletter. We want to share with everyone information about the services we provide, our upcoming events, new products and services.



## About Us

Making a Difference for You, Inc. is a privately owned mental health, homeopathic and spiritual counseling center providing services for all ages and ethnic backgrounds. Our practitioners and counselors have over 45 years of experience in psychiatry, psychology, naturopathy, inter-faith counseling and education.

## What are Back Flower Essences?

We are very pleased that Dr. Karen continues to provide our clients with the healing qualities of Flower Essences. We highly recommend making an appointment with Dr. Karen to have your own essences tincture made up for you.

Created in the 1930's by Dr. Edward Bach a medical doctor and bacteriologist, the Bach Flower Essences are 38 plant and flower based formulas that can help manage the emotional and mental stresses of everyday life by bringing negative attitudes and feelings back into balance and perspective. By helping to restore and maintain balance the Bach Essences free the body's own healing functions and help to promote overall wellness.

Which Essence is right for you? When you make an appointment with Dr. Karen, she will help you fill out a questionnaire to determine which essences are right for you. An Essence will be especially made for you and your specific needs. Call now to make an appointment to have your essence designed for you.



## New Products

**More Chakra Bracelets and New Malas (prayer beads) are available. Thank you Rev. Moe.**

## Products Corner

Sage,  
Mother Mary Cleansing Bath Tincture  
Rose Oil

## Bach Flower Essences –

Rescue Remedy tincture  
Rescue Cream  
Rescue Remedy spray  
38 Flower Essences

## Blessed Intention Candles

Each candle has been blessed and has a special intention printed on it. You may choose from:

Abundance, Divine Connection, Love, Emotional Empowerment, Forgiveness, House Blessing, Self Love, Healing and Creativity. Special intention candles are also available.



# Making a Difference for You Newsletter

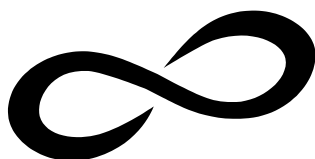
Spring 2006

Issue #3

## Classes & Events

**Educational Classes** – are being presented on the 3<sup>rd</sup> Friday of each month at 7 p.m. Please see the Events Board in the office or our website for the upcoming events.

**Energy Healing/Reiki** is now being offered, please call the office to make arrangements for an appointment with Dr. Margret.



## Spiritual Enlightenment Corner

### **Calling in the Angels and the Universe to Create a Sacred Space**

Hello everyone, I hope that all is well in 2006, and it is turning out to be the year of enlightenment that we all desire. It is with this article that I wish to teach you an invocation for blessing a space that you wish to Bless, or Clear or Protect such as a mediation area, your home, your car, anywhere which you spend a large amount of time or you feel that negative energy has amassed.

As with many rituals we tend to combine many different beliefs, cultures and practices to obtain the desired result. So as with this, we will utilize the four directions, the Archangels, Mother Earth, Father Sky, the Universe, our connection to All, and the Spirit Within, as part of this invocation or prayer.

First, I would like for you to stand or sit in the middle of the area that you would like to bless then turn to the East with your right hand raised, palm up, and speak out loud the following:

“I am calling in Raphael, the Archangel of the East, to bring with him the air of his healing power and inspiration”.

Then turn to the South, right hand raised, palm up, and speak out loud the following:

“I now call in Michael, Archangel of the South, to bring with him the fire of desire, passion and purification”.

Then turn to the West, right hand raised, palm up and speak out loud the following:

“I am calling in Gabriel, Archangel of the West, to bring with him the waters of cleansing and balance”.

Then turn to the North, right hand raised, palm up and speak out loud the following:

“I am calling in Ariel, Archangel of the North, to bring with her the protection, wisdom and grounding from Mother Earth.”

Now place both hands above your head, palms up, and speak the following:

“I ask for all the blessings from the Heavens, Father Sky and the Angels above”.

Now place your hands down toward the ground, palms down and speak the following:

“I ask for all the blessings from Mother Earth who loves and cares for us”.

Then put both hands, palms down on your heart, and speak the following:

“I ask that the Great Spirit within us that comes from our Creator continue to honor us and keep us connected to all”.

Lastly, you must ask that all directions and energies to join hands and encircle this now sacred place and as you complete this invocation, remember to thank each direction and entity that has assisted you. End with Amen, or Namaste, or So Be It.

Please note that you may add any name or person to each direction or prayer as it comes to mind. Jesus, Buddha, Mother Mary, or a Loved One in Spirit. All wish to assist you and are just waiting to be asked.

I wish you all a Blessed Spring. Namaste.

Love and Light, Rev. Dr. Margret Rose Dell’Osso

