



Making a Difference for You Newsletter

Fall 2008

Issue #11

Our Fall Newsletter

Our Fall newsletter is here! We want to share with everyone information about the services we provide, our upcoming events, new products and services.



About Us

Making a Difference for You, Inc. is a privately owned mental health, homeopathic and spiritual counseling center providing services for all ages and ethnic backgrounds. Our practitioners and counselors have over 45 years of experience in psychiatry, psychology, naturopathy, inter-faith counseling and education.

Our website is up and running at www.mad4upeace.com. We are moving forward with new server capabilities and new services all available over the WEB! Feedback is always welcome.

Classes & Events

To Be Announced.



New Products

BACH Flower Essences are available in several new prepackaged products. Please consult over office staff for more information.



NEW Products Corner

Rescue Remedy Pastilles
Bach Kids Confidence Remedy
Bach Emotional Eating Support Kit
Bach Kids Rescue Remedy
Natural Stress Relief for Pets

Bach Flower Essences –

Rescue Remedy tincture
Rescue Cream
Rescue Remedy spray
38 Flower Essences

Blessed Intention Candles

Each candle has been blessed and has a special intention printed on it. You may choose from:

Abundance, Divine Connection, Love, Emotional Empowerment, Forgiveness, House Blessing, Self Love, Healing and Creativity. Special intention candles are also available.

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Spiritual Enlightenment Corner

Do No Harm

When we think of the personal habits and values that we try to carry from day to day, does Do No Harm rank among your top five?

If it does, kudos to you.

The things we focus on from day to day are so important to our mental, physical, emotional and spiritual wellbeing. Do we tread lightly on ourselves as well as others? Do we think about what we say or visualize before we act? The love and kindness we show to ourselves will easily flow over to others and visa versa.



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How about we all start out with a new daily meditation or mantra today. DO NO HARM. Make the world a better place by how we treat it and ourselves. One day at a time, one person at a time and one thought at a time.

Be well and Be Great! One day at a time.

Namaste,

Rev. Dr. Margret Rose C. Dell'Osso

